The Analysis of the Emotional Maturity of the Adolescent Students in Different Schools of the Republic of Kosova

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Abstract
This paper presents an empirical research into the emotional maturity of the adolescent students in different schools of the Republic of Kosova. For this purpose, the samples of the adolescent students from two regions, who belong to four different schools of the Republic of Kosova, have been taken for this review. The group that was chosen for an analysis was the group of structured students who belonged to the 12th class as follows: 50 female students and 50 male students as well as the group composed of 50 female students and 50 male students who belonged to the 10th class. The Secondary Technical School “28 November” and the Gymnasium „Sami Frashëri” have been selected for an analysis in the city of Prishtina while the Philological Gymnasium „Zenel Hajdini” and the Secondary Technical School „Mehmet Isai” have been selected for an analysis in the city of Gjilan. The reason for such a selection is to compare the empirical results of the emotional maturity in different regions of the country and to analyze the sample of the vocational schools and gymnasiums.

Keywords: emotional maturity, adolescence, school

INTRODUCTION
The human’s emotional maturity presents the control of human’s emotional experiences and reactions as well as human’s conscious efforts to obliterate those experiences. The emotional maturity is measured by tests which are used to have knowledge of the individual’s emotional maturity. The knowledge of the students’ emotional maturity is of great significance for teachers in order to be able to deal with students intelligently. The emotional maturity of the students has been analyzed in two gymnasiums and two secondary vocational schools in two cities of the Republic of Kosova (Prishtina and Gjilan). The research into emotional maturity has been carried out with the students of the 12th class respectively the sample of 50 male students and 50 female students from the abovementioned schools. The empirical research continued with the same sample of the students who belonged to the 10th class. It was used the standard test for testing emotional maturity to do this research into the emotional maturity. This test contains 25 questions with YES and NO answers. It is gained a different number of points for every answer which are not known during the testing process. The individual’s emotional maturity derives from the ratio of total number of gained points and the number of questions. The selection of this sample aims at analyzing the impact of the age and gender on emotional maturity.

Material and methods:
At the Gymnasium „Sami Frashëri” in Prishtina are registered mainly the students who have had a better success at the primary school. The emotional maturity test of the students of this school was taken on 06.05.2015 with the sample of the same age groups that consisted of 50 female students and 50 male students who belonged to the 12th class. From the review and the analysis of the tests came out that: the average emotional maturity of female students is 19.13 while the average emotional maturity of male students is 17.95. The average maturity of the sample of 100 students is 18.54 that corresponds with a normal emotional situation. According to Table no 1, the emotional maturity, for both genders, of these
students was ascertained to be satisfactory. Thus, the emotional maturity of females is about 6.6% higher than the average emotional maturity of the males of the same age group. It is important to be highlighted the considerable difference between the females and males as regards the emotional maturity.

The emotional maturity of the female students who belonged to the 10th class is 17.954 while the emotional maturity of the male students is 17.92 so there is a slight difference between both genders as regards the emotional maturity. The average maturity of the sample of 100 students is 17.934 that corresponds with a normal emotional situation.

The average maturity of the sample of 200 students to the 10th and 12th class is 18.238.

From the empirical results comes out that the emotional maturity progresses in parallel with the age. It can be noticed a higher increase as regards the emotional maturity of the female students that is 6.6% compared with the emotional maturity of the male students that is 0.16%.

The emotional maturity test at the Philological Gymnasium „Zenel Hajdini“ in Gjilan was taken on 28.04.2015 with the sample of the same age groups that consisted of 50 female students and 50 male students who belonged to the 12th class. The analysis of the tests shows as follows: the average emotional maturity of males is 18.387 while the average emotional maturity of females from the same sample was ascertained to be 18.935. The emotional maturity, for both genders, of these students was ascertained to be satisfactory and it is 18.66. Thus, the emotional maturity of females is about 2.98% higher than the average emotional maturity of males of the same age group.

The same sample for the students who belonged to the 10th class shows that: the emotional maturity of males is 17.958 (Fig.1) while the emotional maturity of females is 19.291 (Fig.2). It comes out that the emotional maturity of females is about 7.4% higher than the emotional maturity of males. The average maturity of the sample of 200 students to the 10th and 12th class is 18.63.

The emotional maturity test at the Secondary Technical School „Mehmet Isai“ in Gjilan was also taken on 28.04.2015 with the sample of the same age groups that consisted of 50 female students and 50 male students who belonged to the 12th class. From the review and the analysis of the tests came out that: the average emotional maturity of male students is 18.15 while the average emotional maturity of female students in the sample of 50 females is 17.94. The average emotional maturity, for both genders, of these students was ascertained to be satisfactory and it is 18.04. Thus, the emotional maturity of males is about 2.92% higher than the average emotional maturity of 50 females of the same age group.

The same sample for the students who belonged to the 10th class shows that: the emotional maturity of males is 18.09 while the emotional maturity of females is 18.68. It comes out that the emotional maturity of females is about 3.26% higher than the emotional maturity of the males.

The average maturity of the sample of 200 students to the 10th and 12th class is 18.21.

The emotional maturity test at the Secondary Technical School „28 November“ in Prishtina was also taken on 05.05.2015 with the sample of the same age groups that consisted of 50 female students and 50 male students who belonged to the 12th class. From the review and the analysis of the tests came out that: the average emotional maturity of male students is 17.906 while the average emotional maturity of female students in the sample is 18.818. The average emotional maturity, for both genders, of these students was ascertained to be satisfactory and it is 18.362. Thus, the emotional maturity of females is about 5.09% higher than the average emotional maturity of the males of the same age group.

After the review of the tests, the same sample for the students who belonged to the 10th class shows that: the emotional maturity of males is 17.59 while the emotional maturity of females is 17.95. It comes out that the emotional maturity of females is about 2% higher than the emotional maturity of males.

The average maturity of the sample of 200 students to the 10th and 12th class is 18.066. An empirical review with the same sample that consisted of 50 female students and 50 males students who belonged to the 10th class was carried out in 2011, too. From these analyses came out that the emotional maturity of females is 17.83 while the emotional maturity of males is 17.6. If we compare the results achieved in 2015 and the results achieved in 2011, it comes out that there is a slight increase or more concretely 0.67% as regards the emotional maturity of females while the percentage has remained the same as regards the emotional maturity of males.
Table 1: The assessment of the emotional maturity based on the number of the points gained in the questionnaire (The emotional maturity test)

<table>
<thead>
<tr>
<th>Emotional Condition</th>
<th>Points Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>It is considered a full emotional maturity when the number of points is more than</td>
<td>24 points</td>
</tr>
<tr>
<td>In a very good emotional situation is considered a person who has from</td>
<td>20 to 24 points</td>
</tr>
<tr>
<td>In a satisfactory emotional situation is considered a person who has from</td>
<td>16 to 20 points</td>
</tr>
<tr>
<td>In a youthful emotional situation is considered a person who has from</td>
<td>12 to 16 points</td>
</tr>
<tr>
<td>In a childish emotional situation is considered a person who has from</td>
<td>10 to 12 points</td>
</tr>
<tr>
<td>In an infantile emotional situation is considered a person who has less than:</td>
<td>10 points</td>
</tr>
</tbody>
</table>

Fig.1. The emotional maturity of 50 meals, students of the 10th class of the Philological Gymnasium "ZENEL HAJDINI" në Gjilan

Average = 17.958

Fig.2. The emotional maturity of 50 femeals, students of the 10th class of the Philological Gymnasium "ZENEL HAJDINI" në Gjilan

Average = 19.291
SUMMARY

From the empirical researches with the structured sample of students, after the analysis of the tests for testing the emotional maturity, resulted the average emotional maturity of the adolescent students. The results of the research show that the females are more mature than the males of the same age groups. Also, these results show that the emotional maturity progresses in parallel with the age.

According to the empirical results, the average emotional maturity of the students who belong to the 10th and 12th class the Gymnasium “Zenel Hajdini” in Gjilan is the highest (18.63) while the students of the Gymnasium “Sami Frashëri” in Prishtina have demonstrated the highest emotional maturity (18.237) compared with other students who belong to the 10th and 12th class.

According to the empirical analyses of the emotional maturity of the students who belonged to the 10th class at the school “28 November” in Prishtina, made in 2011 and 2015 with the same sample, it can be noticed a slight increase in the percentage or more precisely 0.67% as regards the emotional maturity of females in 2015, compared with the results achieved in 2011, while no increase can be noticed as regards the emotional maturity of males.

References